

Liuba Doga's

SINGING
ATTITUDE



A PREMIUM SAMPLE REPORT

Voice Discovery Session — *Sample Report*

A transparent example of the clarity, language, and next-step planning a paid voice assessment can provide.

TECHNIQUE • ATTITUDE • EXPRESSION

● PUBLIC SAMPLE - NOT A CLIENT RECORD

PREPARED BY LIUBA DOGA



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What the assessment *explores*

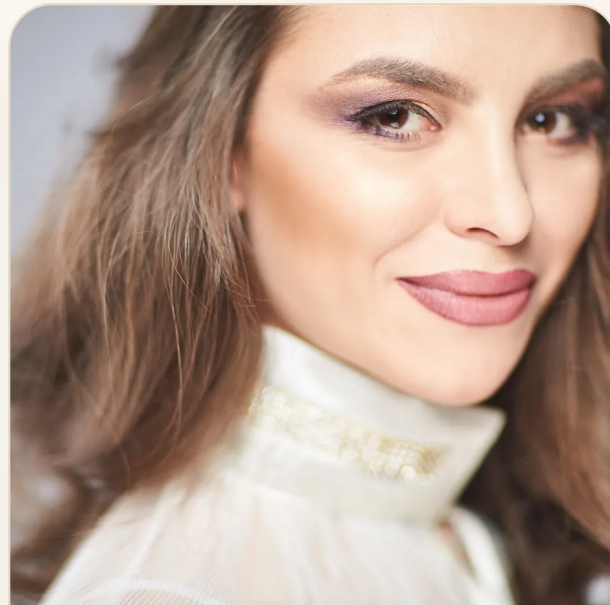
The purpose is not to judge a voice. It is to notice what changes, identify the most useful working hypothesis, and turn that clarity into a proportionate practice plan.

A voice can sound tight, breathy, uncertain, or inconsistent for more than one reason.

The assessment listens for patterns across sound, breath, coordination, musical intention, and the way the singer responds when a phrase becomes more demanding.

Small tests help separate the symptom from the likely blocker. A phrase may change when volume is reduced, the vowel is adjusted, the onset is gentler, or attention moves from accuracy to meaning.

The report then organises those observations through the Singing Attitude Method: Technique, Attitude, and Expression.



A NOTE FROM YOUR COACH

Clarity before correction

I want you to understand what your voice is doing before we decide what it needs. The right next step should feel specific, calm, and useful.

Liuba Doga

01

Vocal freedom

Where the sound releases and where effort begins to replace coordination.

02

Breath coordination

How breath is prepared, released, and paced through the phrase.

03

Technique

How onset, vowel, volume, and resonance choices affect reliability.

04

Expression

Whether meaning stays present when the technical demand increases.

05

Confidence

How anticipation, self-monitoring, and trust change the sound.

A clearly fictional *sample scenario*

This profile exists only to demonstrate report structure and tone. It does not describe a customer, enquiry, session, recording, or person.

EX

No customer data is used

The scenario is unnamed and contains no age, image, contact information, booking detail, recording, or identifying history. Every observation that follows is illustrative assessment language.

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ILLUSTRATIVE PROFILE

Adult singer returning to regular practice

The singer enjoys contemporary songs and wants the chorus to feel steadier without forcing volume or making the sound smaller.

FICTIONAL SCENARIO - NOT A PERSON OR
CLIENT RECORD

ILLUSTRATIVE GOAL

Sing one favourite chorus at a comfortable volume with a freer, more reliable upper phrase.

CURRENT EXPERIENCE

Short phrases feel comfortable; longer or higher phrases invite extra effort and early breath use.

WHAT THE SINGER NOTICES

The voice feels easier when singing quietly, but confidence drops when returning to the lyric.

ASSESSMENT FOCUS

Breath pacing, onset pressure, vowel shape, phrase intention, and the response before the high point.

IMPORTANT BOUNDARY

Coaching observations are not a medical diagnosis. Pain or persistent hoarseness should be discussed with an appropriate health professional.

What changes when the voice is given *less to fight*

The indicators below are illustrative, not measurements of a real singer. They show how an assessment can describe patterns without reducing a voice to a score. This page is not a client record.

AREA 01**Vocal freedom**

The sample sound releases more easily at speaking volume. Extra effort appears before the upper phrase, suggesting that pressure arrives in anticipation rather than only on the note.

**AREA 02****Breath
coordination**

Short lines remain organised. On longer lines, too much air is released early, leaving the end of the phrase to be rescued with throat effort or added volume.

**AREA 03****Technique**

A gentler onset and slightly narrower vowel reduce the push. This suggests that the first useful change is coordination, not simply more strength or more range work.

**AREA 04****Expression**

Musical intention is clear in the comfortable range. It becomes smaller when attention moves entirely to accuracy, so the phrase loses direction before the sound loses coordination.

**AREA 05****Confidence**

The sample sound steadies when the task changes from "get the note right" to "tell the phrase." Trust improves when the technical instruction is simple and the musical purpose stays visible.



The first three *priorities*

A useful report does not list every possible issue. It identifies the smallest sequence of changes most likely to make practice clearer.

01

Budget the breath across the phrase

Begin at speaking volume and let less air leave in the first half. The aim is not to hold the breath, but to keep the phrase supplied without spending everything at the start.

02

Reduce effort before the high point

Practise the lead-in, not only the difficult note. A gentler onset and calmer vowel help the voice arrive without a last-second push.

03

Keep the message inside the exercise

Give the phrase one clear intention. Expression is not decoration added after technique; it can help organise timing, focus, and commitment.

+

What is already working

The sample singer responds quickly to lower volume, simpler instruction, and a clear phrase goal. Those are useful starting strengths, not incidental details.

ILLUSTRATIVE COACH NOTE

Change the setup before asking for more sound.

The sample does not point first to a lack of ability. It points to a pressure pattern: breath is spent early, the vowel widens, and the singer tries to secure the phrase by working harder.

The most useful first correction is to make the task smaller, notice what releases, and rebuild intensity only after the phrase stays organised.

Stop if singing is painful. Persistent hoarseness, pain, or sudden voice change needs appropriate medical assessment rather than more coaching exercises.

Technique. Attitude. *Expression.*

One audible symptom can sit at the meeting point of all three. The framework keeps the assessment practical without pretending that every difficulty has one simple cause.

T Technique

Breath leaves too quickly, onset pressure increases, and the vowel spreads as pitch rises. The sound becomes harder to coordinate because more effort is added to an already unstable setup.

Assessment test: lower the volume, narrow the vowel slightly, and repeat only the lead-in.

A Attitude

The singer prepares for the note as a threat to survive. Anticipatory control arrives before the actual demand and makes experimentation feel risky.

Assessment test: replace "get it right" with one observable task and allow a trial repeat.

E Expression

Meaning becomes quieter when technical attention increases. Without a clear destination for the phrase, the singer monitors sound instead of communicating through it.

Assessment test: speak the intention, then sing the line at the same emotional scale.

ILLUSTRATIVE WORKING HYPOTHESIS

Pressure rises before the demanding phrase, then self-monitoring narrows the musical intention. The cycle is more useful to address than labelling the singer as lacking range or confidence.

From first release to *reliable expression*

This is an illustrative pathway, not a promise or prescription. A real plan is adjusted after Liuba hears the singer and observes how the voice responds.

01

Stabilise

Use a short, comfortable pattern to coordinate a gentle onset and even airflow. Keep the volume close to speaking level and stop before extra effort appears.

READY TO MOVE ON WHEN

Two calm repeats feel similar and the throat is not rescuing the sound.

02

Transfer

Move the same coordination into one two-line section of the song. Keep the vowel and breath plan simple enough to notice when the old pressure returns.

READY TO MOVE ON WHEN

The phrase completes without getting louder simply to survive.

03

Express

Add one clear intention and rebuild musical scale gradually. The aim is coordination that supports communication, not a careful sound that cannot carry meaning.

USEFUL SIGN OF PROGRESS

Meaning becomes stronger without the original pressure pattern returning.

2 MINUTES

Arrive: easy breath and speaking-level sound.

4 MINUTES

Coordinate: short pattern with one clear task.

4 MINUTES

Transfer: one two-line song phrase.

2 MINUTES

Express: one intention, then record one take.

Leave with a clearer *next step*

The assessment is designed to reduce guesswork. The recommendation should be proportionate to the pattern, the singer's goal, and the support actually needed.

1

Liuba explains what changed

The session closes with plain-language observations and the most useful working hypothesis.

2

You receive a written plan

The report records what is working, the first priorities, an example practice structure, and a guardrail.

3

You practise one focused change

The first plan is intentionally small enough to test, repeat, and understand.

4

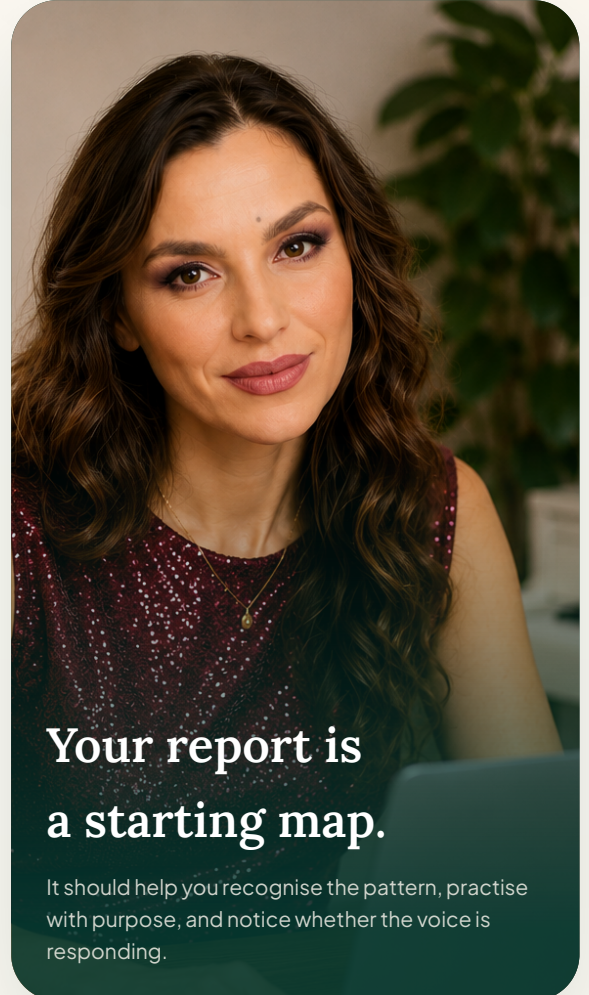
The next route stays proportionate

That may be independent practice, focused feedback, 1:1 coaching, or confidence support – not an automatic upsell.

SA

This document demonstrates the framework only

A paid assessment is personalised after the live session. It may reach different observations, priorities, safeguards, or next-step recommendations from this fictional scenario.



**Your report is
a starting map.**

It should help you recognise the pattern, practise with purpose, and notice whether the voice is responding.

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CONTINUE WITH CLARITY

Understand the pattern. *Free the voice.*

If you want Liuba to hear your voice, test what changes, and give you a personal first plan, begin with the assessment route below.

VOICE DISCOVERY SESSION

A calm, focused starting point for adults who want evidence before choosing the next stage of vocal coaching.

[Explore the Voice Discovery Session](#)

[Visit singingattitude.uk](https://www.singingattitude.uk)

SAMPLE REPORT: this is not a real client record and is not a medical diagnosis. Results and recommendations are individual. © Singing Attitude / Liuba Doga.



Technique · Attitude · Expression

A whole-voice framework for clearer observation and practical next steps.